

Raleigh-Wake County Dental Society

Orthodontics Oral Surgery
General Dentistry Prosthodontics
Periodontics Endodontics Pediatric Dentistry

RALEIGH - WAKE COUNTY DENTAL SOCIETY

VOLUME 15, NUMBER 2, SEPTEMBER 2019

<http://www.rwcds.org/>

OFFICIAL PUBLICATION OF THE RALEIGH-WAKE COUNTY DENTAL SOCIETY

2019 EXECUTIVE BOARD

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Dawn Harris, **Administrative Assistant**

2019 FALL/WINTER CALENDAR

Sept 17th Executive Board Meeting
24th General Members Meeting & CE
Dr. Joseph Hummel DDS

“Opioids: Pearls, Prescriptions & Pitfalls”

Oct 8th Executive Board Meeting
15th General Members Meeting & CE
Dr. George Blakey DDS

“Medication-related Osteonecrosis of the Jaws”

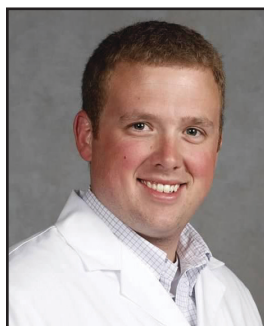
Nov 12th Executive Board Meeting
19th General Members Meeting & CE
Dr. Tung Nguyen DDS, MS
“3-D Technology”

Dec 5th Holiday Party, Cafe Luna

Jan 14th Executive Board Meeting
21st General Members Meeting & CE
Legislative Night

General Members Meetings are held 6:15 p.m. at **North Ridge Country Club**, 6612 Falls of Neuse Rd., Raleigh, the **3rd Tuesday** of each month. There are no meetings in June, July, August and December. Social time begins 6:15 p.m. with the buffet line opening at 6:45 p.m. The business meeting commences at 7:00 p.m. followed by a CE lecture.

PRESIDENT'S MESSAGE



Dr. Bill Scruggs

Greetings Fellow Members,

I hope all of you had a wonderful summer with your family and friends. I continue to be honored to serve as your Raleigh Wake County Dental Society president for the remainder of 2019. We have a great lineup of speakers for the remainder of this year beginning in September with Dr. Joseph Hummel who will give our annual Opioid update entitled “Opioids: Pearls, Prescriptions and pitfalls.”

It is incredible that through your donations we are able to continue our donation of \$10,000 to our main charitable arm at Wake Smiles. However, I continue to encourage all of our membership to go beyond monetary donations and volunteer at the wake smiles clinic to help our fellow citizens receive needed emergency and maintenance care. I am sure that many of you are involved in charity dentistry of some kind, but Wake Smiles needs our help. In addition, there are few things we can do to give back that feel better than getting out there and helping our less fortunate neighbors in Wake County receive the dental care that they need. Mrs. Sommer Wisher has done a fabulous job as the new director at Wake Smiles and would be delighted to help anyone interested in volunteering or helping in some way. Sommer can be reached at sommer@wakesmiles.org.

I also continue to encourage everyone to assist in continuing to grow our society through recruiting fellow colleagues and new dentists in the Wake County area to join our membership. Like many organized dentistry groups, our society’s membership has declined slightly in recent years. It is my opinion that local dental society membership is invaluable to all dentists as an educational opportunity; but especially new dentists that can benefit from mentorship gained by hanging out with our more experienced and devoted members every month. I encourage everyone to try and recruit one new member to strengthen our society and our local community of dentists.

We are looking forward to a great slate of speakers this fall beginning with our annual opioid update. We strive to bring a mix of speakers ranging in topics and area of practice. The executive board, specifically the program chair would love any recommendations for speakers that anyone may have. We strive to bring the membership quality continuing education and welcome any and all recommendations for qualified speakers.

Stay tuned for announcements regarding our annual holiday party in early December! As always, please feel free to email me with questions, concerns, or recommendations at president@rwcds.com.

Sincerely,

Bill Scruggs DDS MS



Dawn Harris

A FEW WORDS FROM THE ADMINISTRATIVE ASSISTANT...

Greetings! As summer winds down, we turn our attention to the fall meetings. Our schedule contains interesting topics we hope you'll find informative. Please note, the September meeting is the annual opioid course AND it is on the 4th Tuesday of September.

(all other meetings are held on the 3rd Tuesday of the month).

September 24: Dr. Joseph Hummel
"Opioids: Pearls, Prescriptions & Pitfalls"

October 15: Dr. George Blakey
"Medication-Related Osteonecrosis of the Jaws" (MRONJ)

November 19: Dr. Tung Nguyen
"3D Technology that will Improve Your Practice"

December 5: Annual Christmas party, Cafe Luna

January 21, 2020: Legislative Night

I'll continue to send reminder emails before the monthly meetings. Please contact me if you have any questions. We look forward to you joining us at the North Ridge Country Club for these lectures.

Welcome to our newest RWCDs members!

Dr. John Loi

Dr. Harpreet Wasson

Dr. Steven Petritz

Dr. Harold Frazier

Dr. Isaac Edwards

Vass

Cary

Wake Forest

Chapel Hill

Raleigh

loigk2002@yahoo.com

hkwasson@gmail.com

drp@gladwellorthodontics.com

harold.frazier@gmail.com

isaacedwardsdds@gmail.com

Dawn Harris

executivedirector@rwcds.org

EDITOR'S NOTE



I hope everyone had a great summer. I got to visit Old Baldy on Bald Head island. The Fall and Winter session will be interesting this year. We have an excellent docket of speakers. I would like to encourage each one of you to submit articles, opinions and photographs to the RWCD Society related to dental and dental service issues that are important to our profession. It is your voice that is important to our profession and we all need to hear it. If you have a letter, photographs or a paper that you would like printed in the newsletter or posted on the website please contact the editor, or our new webmaster Dr. Cameron Cavola. As always your input and participation into the process is needed and invaluable. If you have any comments, suggestions, please do not hesitate to contact us.

Dr. Chauncy Nelson

nelortho@nc.rr.com

MEMBER NEWS

EFFECT OF ONE-SUTURE AND SUTURELESS TECHNIQUES ON POSTOPERATIVE HEALING AFTER THIRD MOLAR SURGERY

Saleh Alkadi, BDS(Hons), MFDS RCSI, DChDent, FFD RCSI,*
and Leo Stassen, FRCS(I), FDSRCS, MA, FTCD, FFSEM, FFDRCSI, FICDy

Purpose: The wound closure technique for lower third molar surgery (LTMS) is an operative factor that influences wound healing and the occurrence of early postoperative complications. The present study investigated 2 closure techniques (partial closure using 1 suture and the suture-less technique) after use of a modified buccal envelope flap for LTMS.

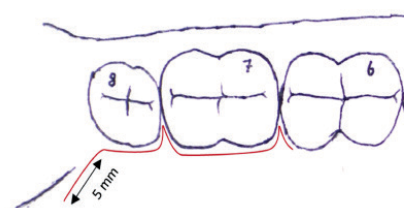
Materials and Methods: We performed a prospective, randomized, double-blind, split-mouth, controlled trial. Partial closure using 1 suture was compared with closure using the sutureless technique. The surgical sites were divided into 2 groups, group A (1 suture) and group B (sutureless). Each patient received both treatments at the same surgery. During the first postoperative week, all patients were asked to daily assess pain, facial swelling, and bleeding using self-assessment scales. All patients attended the follow-up appointment at 1 week to objectively assess facial swelling and wound healing and at 1 month to assess wound healing. An analysis of data was performed using the statistical package SPSS Statistics, version 24 (IBM Corp, Armonk, NY). A P value $\leq .05$ was accepted as statistically significant.

Results: A total of 37 patients with bilateral impacted third molars of similar surgical difficulty were recruited. Of the 37 patients, 34 successfully completed the study. The results showed a statistically significant difference between the 2 techniques in postoperative pain at days 5 ($P = .046$) and 6 ($P = .034$); socket healing at 1 week ($P = .002$) and 1 month ($P = .014$), and soft tissue healing at 1 week ($P = .016$).

Conclusion: We found the 1-suture technique for LTMS to be superior to the sutureless technique in the reduction of postoperative pain and improving wound healing during the early postoperative period. We found no difference between the 2 techniques in the reduction of postoperative swelling!

2018 American Association of Oral and Maxillofacial Surgeons
J Oral Maxillofac Surg 77:703.e1-703.e16, 2019

SUMMARY OF ARTICLE



Wound closure techniques vary depending on provider discretion and can drastically effect early wound healing in lower 3rd molar sites. Healing at the surgical site can use 2 mechanisms, primary or secondary. The type of wound healing will be determined by the closure technique used and the number of sutures used by the doctor. With secondary healing, a communication between the

socket and the oral cavity will be maintained by using no suture or by closing the flap partially using a small number of sutures. This study evaluates the effectiveness of a partial closure technique using one suture with the use of the lower modified envelope flap vs. a sutureless technique of the lower modified envelope flap. The 1 suture technique was found to have a statistically significant difference in reducing postoperative pain at day 5, socket healing at 1 week and 1 month, and soft tissue healing at 1 week. Another major factor discussed in the article that can affect the postoperative healing time is the surgical difficulty, degree of impaction, time of the surgery, and operator experience.

Dr. Holman DDS
dr.holman@capitalofs.com

CLASSIFIEDS

DENTISTS

Dr. Ted Mayer - available to check hygiene can be contacted at 919 819-9400.

Dr. Harold J. Kear - available to substitute on a daily or weekly basis for vacations/days off to handle in- office emergencies and/or monitor dental hygiene; experienced, fully insured; and licensed. Resume and references available upon request. Phone 919-468-8293; email- hrlldkear@gmail.com.

Dr. Thom Buttler - available to check hygiene; please contact at 919-801-1167 and/or tkbuttler@gmail.com.

Dr. Bill Wynne - If anyone is interested in selling their practice in the near future please contact me: 919-851-3716 office-919-469-0761 home.

MISCELLANEOUS

If you are interested in performing pro bono work for the Pretty in Pink Foundation for breast cancer please contact **Dr. Todd Engstrom** at 919-870-4443 or engstromorthodontics@gmail.com.

Commercial Real Estate Services

PR Commercial Properties, Inc.

Lloyd Rothschild, DDS/ Principle Broker

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919-787-0059, 919-264-5002 cell, lrr Rothschild@cs.com.

RWCDS PHOTOS



Wake Tech DA faculty



Wake Tech DA program graduation and awards luncheon.



Best dental cake

RWCDS PHOTOS



NCDS annual meeting. officers. Dr. Hardesty and Butler



NCDS 4th district officers and delegates

RWCDS PHOTOS



Doctors enjoying RWCD monthly meetings



RALEIGH-WAKE COUNTY DENTAL SOCIETY MEMBERSHIP APPLICATION AND DUES STATEMENT

**PLEASE NOTE: ALL MEMBERS (INCLUDING LIFE MEMBERS) MUST COMPLETE THIS FORM ANNUALLY.
PLEASE HIGHLIGHT NEW OR RECENTLY CHANGED INFORMATION.**

PLEASE PRINT LEGIBLY **Membership Year** _____ **New** _____ **Renewal** _____

Name _____ **Nickname** _____
(Last) (First) (Middle)

Business address _____

City _____ **Zip** _____

Bus Ph _____ **Fax** _____ **Home Ph** _____ **Cell Ph** _____

Work e-mail address _____ **Home e-mail address** _____

Practice Website address

Home address _____ **City** _____ **Zip** _____

Marital Status: (Please circle) S M **Spouse's/Domestic Partner's Name** _____

Education Background _____

(Dental School Attended/ Degree)

(Advanced or Specialty Training/School)

Type of Practice: General / Ortho / Pedo / Endo / Perio / Oral Surg / Pros / Public Health / Path / Radiol / Orofac Pain

_____ **I am interested in serving on a future RWCDs Executive Board or Standing Committee.**

Membership Classifications (Please Check One)

_____ **A. Active Member** - A person who is licensed to practice dentistry in North Carolina and resides in Wake County or whose professional practice site is in Wake County may be elected to Active Membership **\$300.00***

_____ **B. Associate Member** - A person who holds a professional dental degree and is currently practicing may be elected to Associate Membership **\$300.00***

_____ **C. Life Member** - A dentist who has reached age 65 and has been a member of the Raleigh-Wake County Dental Society for the previous 10 consecutive years. Upon application in writing to the Treasurer, dues will be assessed at fifty percent (50%) of the regular Active Member fee. **Life Members approved prior to November 18, 2014 will remain exempt from dues payment, however contributions and assessment payments are encouraged** **\$187.50***

_____ **D. Disabled Active** - A member in good standing who has incurred or developed a physical condition that renders the person incapable of performing clinical dentistry for an extended period of time or permanently. Application must be made in writing to the Executive Board. There is **no fee** for this classification **\$75.00***

***A \$75 voluntary contribution to the RWCDs Foundation is included. The Foundation is a 501(c)(3) organization and donations are tax deductible. Among other dental health related endeavors, the Foundation is supportive of Wake Tech's Hygiene & Assisting programs, Poe Center for Health Education, Wake Smiles, Wake County's Children's Dental Health Month, UNC SOD, NC MOM, and Give Kids A Smile Day. Please increase or decrease the amount of your donation as you deem appropriate.**

**Dues are due on or before January 1, and are considered late if not paid by February 1,
MAKE YOUR DUES CHECK PAYABLE TO THE RALEIGH-WAKE COUNTY DENTAL SOCIETY AND MAIL TO:**

RALEIGH-WAKE COUNTY DENTAL SOCIETY c/o Dawn Harris

For additional information: Please contact the Administrative Assistant, Dawn Harris

AdminAssistant@rwcds.org or 919-696-5156